

Auriel's Light Festivals Spring Equinox

March 2023

Auriel's Light Festivals - Spring Equinox

March 2023

Fairy Mobile

These fairies are so bright and cheery and thankfully, pretty easy to make with your children. We hung ours from a dowel, but you could easily go on a nature walk to find a stick to use or even use an embroidery hoop.



Supply list:

- Kool-Aid or food coloring for dyeing silks (next month we are dyeing wool, so stock up!)
- White vinegar
- A bowl for each dye bath
- 3 silk hankies/scarves, mine were about 11 inches
- 3/4" wooden beads or wool if you can find the right size
- Thread matching your color choices
- Light thread to hang them from

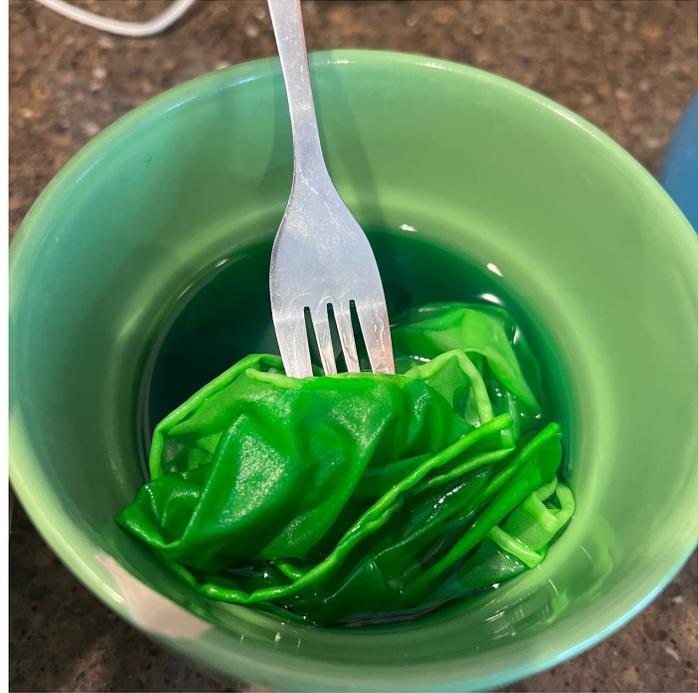
Let's start with cutting your silks to the proper size. I cut my 11" silks into four pieces. These shouldn't fry too much. Next you'll need Kool-Aid. I chose these flavors for their vibrance: cherry, orange, lemonade, lemon-lime, blue raspberry lemonade and grape. Your kitchen will smell like Willy Wonka's a bit. You also need 1 cup of white vinegar for each color. Soak your silks in really hot water. I put a pot on my stove full of water and brought it to a boil, then turned it off. It cooled for about ten minutes and then I added the silks. You'll want the silks to sit in the water for ten minutes or more. While they are soaking, prepare your dye bath. You need a bowl for each dye bath. Put in a packet of Kool-Aid and then 1 cup of vinegar. Add your hot silks into each dye bath. You can add some hot water from your pot, the heat helps the color set.

Auriel's Light Festivals - Spring Equinox

March 2023

You'll know it is ready by the color of the silk. Hang them to dry for about an hour. You can use this method for dyeing play silks of any size, you'll just need to change the amounts of vinegar and water. It's about a 2:1 solution of vinegar to water.

Once they are dry, you'll want to gathering your sewing supplies for the next step. First, iron your silks. It helps to loop your thread through your bead and then bring it through the center of your silk. Stitch everything in place.



Auriel's Light Festivals - Spring Equinox

March 2023

Once you have them all stitch up then you are ready to attach them to the dowel. Just run the thread up through the bottom of the wooden bead. You'll want to vary the lengths a bit so play with what feels good to you.



Auriel's Light Festivals - Spring Equinox

March 2023

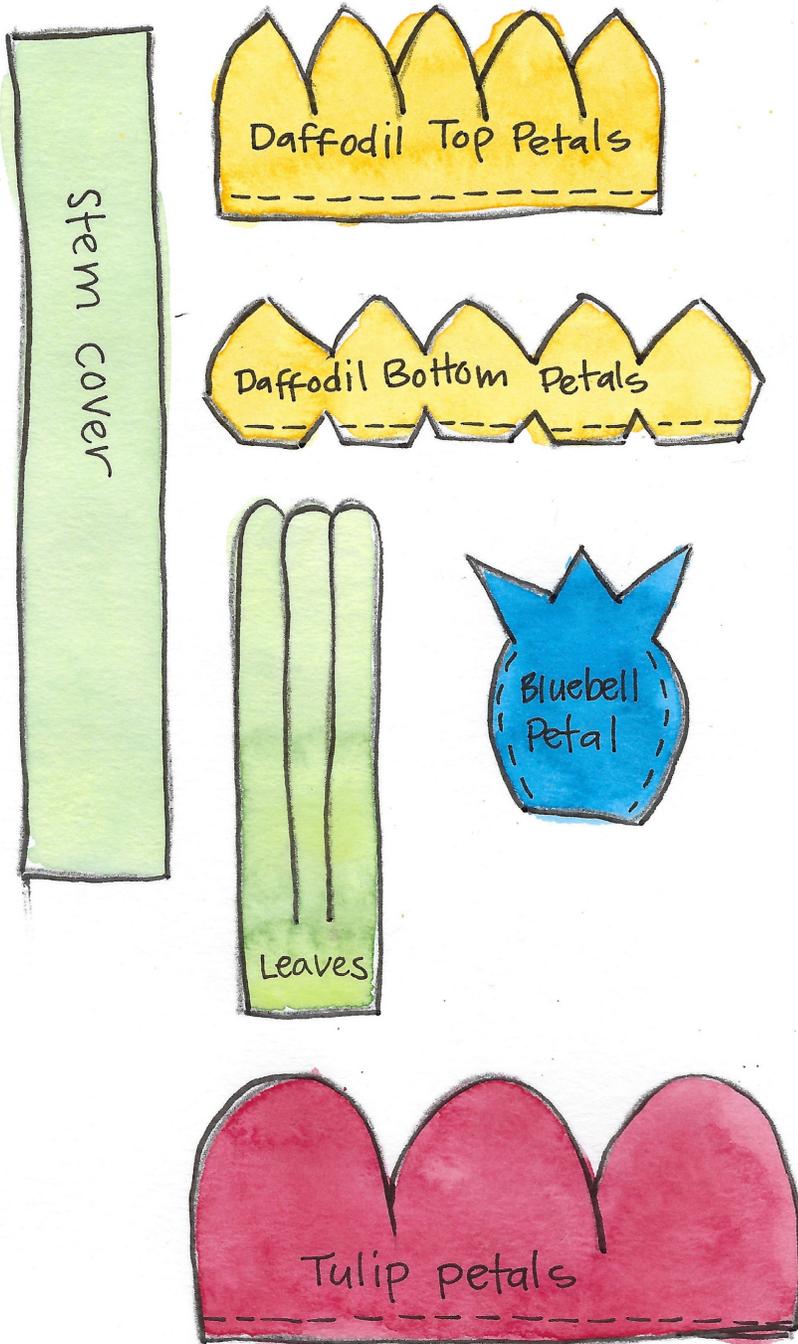
Watching seeds grow for Easter/Spring grass is a lot of fun. I usually start the grass about now so that we can enjoy it on our spring table all season long. It is surprisingly easy. See our video for full details. It is going to just look like dirt for a few days, but keep watering it!



Auriel's Light Festivals - Spring Equinox

© 2023 AurielsLight.org

March 2023

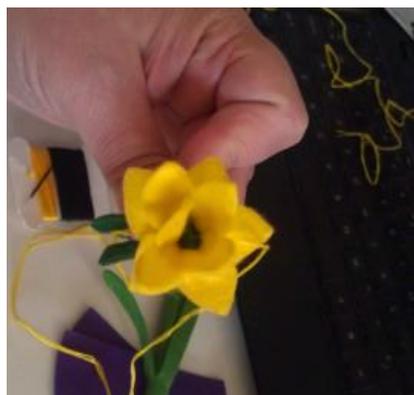


These felt flowers are so much fun to make in Spring! You'll want to enlarge the pattern as needed depending on the size flowers you are wishing to make. The following page has some construction pictures on it to give you direction on putting them together.

Auriel's Light Festivals - Spring Equinox

© 2023 AurielsLight.org

March 2023



Auriel's Light Festivals - Spring Equinox

Greek Chicken Burgers

Inspired by a similar recipe from [holisticsquid.com](https://www.holisticsquid.com)
These are a favorite at Melanie's house!

3 cloves garlic	3 green onions
1 TBL coconut oil	1 1/2 cups frozen spinach, thawed
1 pound ground chicken	1 tsp. dried oregano
1 tsp. dried basil	1/2 cup crumbled feta
1 tsp. coarse sea salt	1/4 tsp. black pepper

Mince your garlic and chop up your onion greens. Saute' in the coconut oil over a medium heat, just enough to release flavor but don't brown your garlic. Dry the thawed spinach by squeezing any excess water, then combine with all other ingredients in a bowl. Form patties and cook over a medium heat until the internal temperature is 160°.

Enjoy with tzatziki sauce and pitas.



Auriel's Light Festivals - Spring Equinox

Grandma's Sugar Cookies

These are a favorite at Melisa's house any time of the year! We often make a large batch and freeze the extra dough since it makes so much.

1 cup lard	1/2 tsp. salt
2 cups sugar	1 tsp. baking soda
2 eggs	2 tsp. baking powder
1 cup buttermilk	4-5 cups flour

Mix, knead, roll and cut. Bake at 375° for 10 minutes.

The recipe is super forgiving. My great-grandmother's original didn't even have instructions! Don't skip the animal fat or the buttermilk, this is where all the taste is!



Auriel's Light Festivals - Spring Equinox

© 2023 AurielsLight.org

March 2023

Supply List & Recommended Books

Supplies

Kool-Aid - this can typically be found at Walmart or even Amazon. You want the packets, not the container that has sweetener.

Silks - you can try Etsy.com or dharmatrading.com

wooden bead, about 3/4" or a wool ball that size works as well

Dowel or stick to hang fairies from.

potting soil

wheat berries for planting

tray to plant on

Felt and handwork supplies [A Child's Dream](#)

Book Recommendations

[Circle Round: Raising Children in the Goddess Tradition](#) by Diane Baker, Anne Hill,
Starhawk - Pagan resource

[Spring](#) by Gerda Muller

[Spring](#) by Wynstones Press - full of stories and verses and songs to sing!

[In the Land of the Fairies](#) by Daniela Drescher

[Big-Stamp Two-Toes the Barefoot Giant: The Spring Tales of Tiptoes Lightly](#) by Reg
Down

[A Donsy of Gnomes](#) series by Sieglinde de Francesca