

Auriel's Light Festivals Candlemas

February 2023

Auriel's Light Festivals - Candlemas

February 2023

Brigid Dolls

We've included a few different dolls to make for this festival. This first one is a more advanced doll and great if you have some doll making experience. If you are brand new to handwork and this seems intimidating, then try one of the peg dolls for fun.

This doll has a wire frame body (see supply list) and a soft formed doll head. The eyes, mouth and hair are added to this soft head. Her clothes are a knitted sweater and decorated felt pants. These doll framss come in a variety of sizes. Adjust the patterns to fit your sized doll.



These little wire dolls also can come with a wooden head. This would be a great option if you don't want to deal with the soft head and hair.

Supply list for the dolls, read through the instructions to see what you need for your specific doll.

Sock weight yarn for sweater

A small amount of yarn for the cap and hair

Small pieces of wool felt

Embroidery thread

Inner tubing for doll head

Flesh colored knit fabric for outer head

Strong cotton thread to shape the head

Wool for the hair

Wooden peg frame

Auriel's Light Festivals - Candlemas

February 2023



You'll see that the doll has a rope/wire and wooden frame and a post sticking out from the top for the head. Gather wool for the head. You'll want to have a pretty firm ball so it will hold shape. Then place it in the inner tubing and position it on the post. Then shape the head a bit as needed.



Using strong cotton string, create an eye line about half way down the head. Then to shape the head further, wrap the string down around the base and back up to the top. Use a stitch to hold the threads in place on either side where the ear would be. Take a small bead and sew it in where the nose would be. To keep this head anchored, take the string that's wrapped around the neck and wrap it down and around the body, tie it off in a knot.



Auriel's Light Festivals - Candlemas

© 2023 AurielsLight.org

February 2023



Take a small piece of flesh colored knit fabric, (this one is 4 inches) and fit it snugly around the doll's head and stitch it closed up the back. Fold in the pieces at the top and trim, then stitch in place. Tie a strong thread under the head to form the neck.



Now make tiny eyes. It helps me to use straight pins first to decide where the eyes and then the mouth should go. The mouth is just a small V. Crochet a cap for the hair. It is really just a simple bowl shape so that it can fit on the head and stitch it down so it stays in place. Then using a crochet hook, loop the hair in the cap. My hair started out 14 inches in length and I trimmed it once she was finished.

Auriel's Light Festivals - Candlemas

February 2023



Find the pants pattern on the follow pages and adjust them to fit your doll. Keep in mind that the pants will wrap around the back and you'll stitch them up.

Let's make her sweater!

I used DPNs and sock weight yarn.

CO 16

Rows 1, 3, 5, 7, 9, 11, and 13 Knit

Rows 2, 4, 6, 8, 10, 12 Purl

Row 14 Purl to the end. Using a backwards CO, CO 10 for the sleeve.

Row 15 Knit to the end. Using a backwards CO, CO 10 for the other sleeve.

Rows 16 and 18 Purl

Rows 17 and 19 Knit

Row 20 Purl 15, BO 6, Purl 15

Row 21 Knit 15. Leave these on the needle and grab another DPN to continue. Don't worry, you'll come back to these.

Row 22 Purl 15

Row 23 Knit 15 CO 1

Row 24 Purl 16

Row 25 Knit 16 CO 1



Auriel's Light Festivals - Candlemas

February 2023

Row 26 Purl 17

Row 27 Knit 17 CO 1

Row 28 Purl 18

Row 29 BO 10 Knit 8

Row 30 Purl 8

Work the next 12 rows, knit the odd rows, purl the even rows for a total of 12 rows.

BO

Go back to the needle with the 15 held stitches. Our row counting will start over with Row 1.

Row 1 Knit 15

Row 2 Purl 15 CO 1

Row 3 Knit 16

Row 4 Purl 16 CO 1

Row 5 Knit 17

Row 6 Purl 17 CO 1

Row 7 Knit 18

Row 8 BO 10 Purl 8

Row 9 Knit 8

Work the next 12 rows, knit the odd rows, purl the even rows for a total of 12 rows.

BO

Sew up the sleeves and dress your doll. Sew up the back, making sure to tuck in all the neck pieces so they don't show.

Once she's dressed, decide how you will style her hair. Ours has a little braid and then a pony tail. You can also crochet a simple cape and embroider it with little stars if you feel called to.



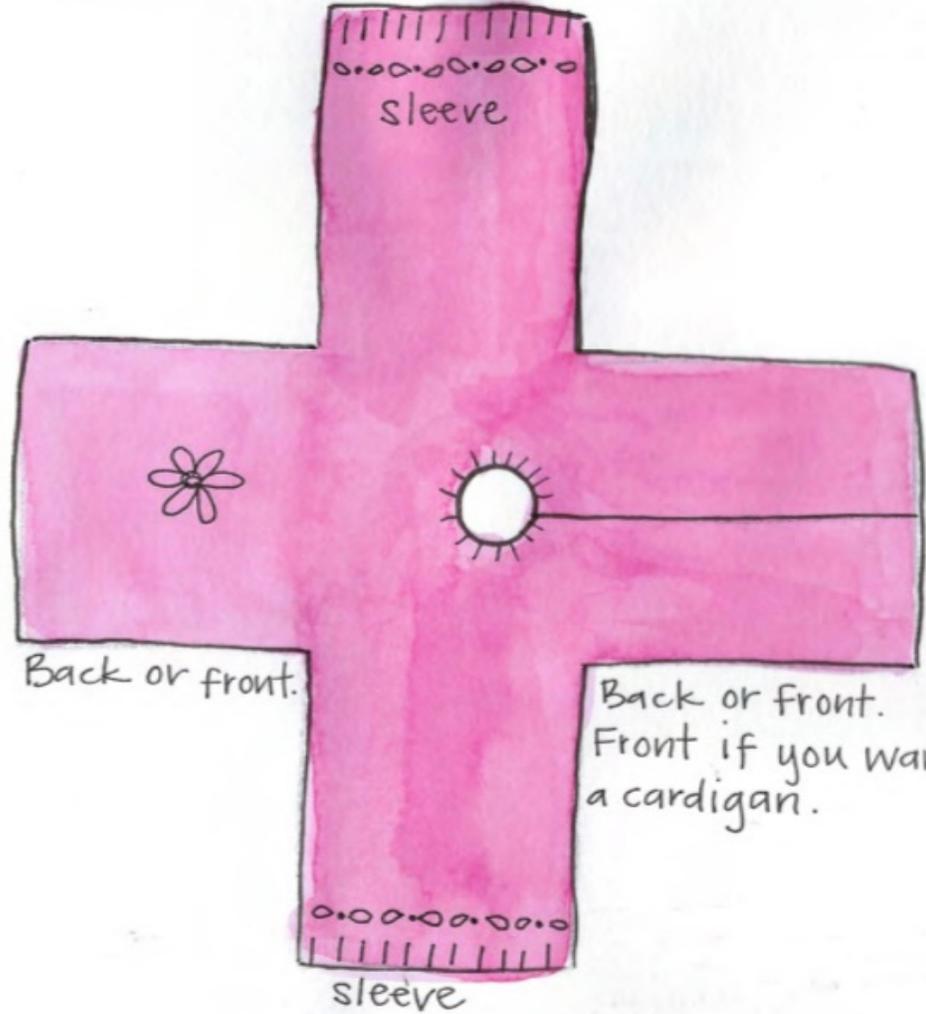
Auriel's Light Festivals - Candlemas

February 2023



The following pages contain patterns for pants, more shirt options as well as peg doll clothes.

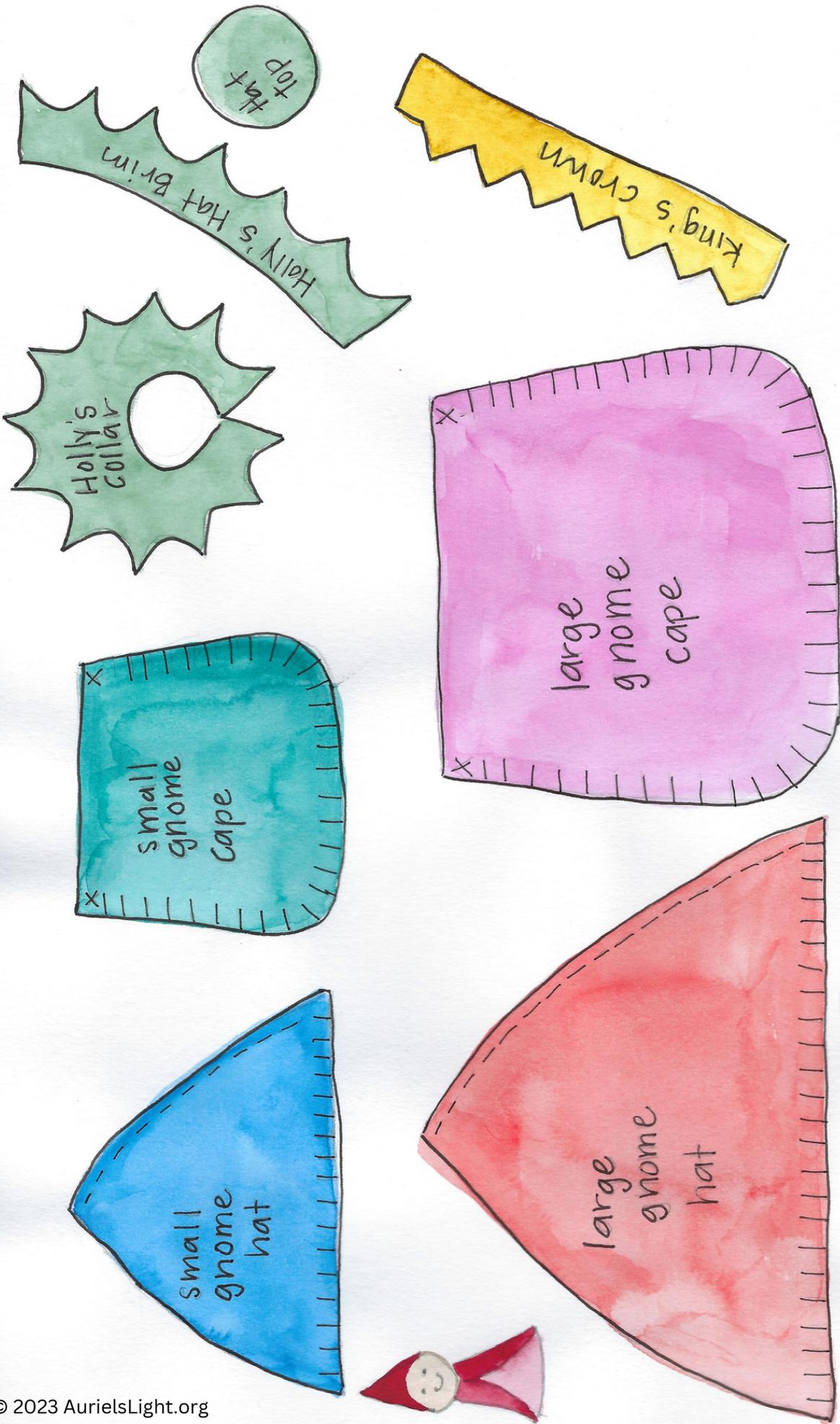
SHIRT



Back or front.
Front if you want
a cardigan.

PANTS





Auriel's Light Festivals - Candlemas

Spiral Cookies

This is a favorite recipe from Circle Round.

Preheat oven to 350*.

1/2 cup butter	3/4 cup sugar
1 egg	1/2 tsp. vanilla
1 3/4 cups flour	1/2 tsp. baking soda
dash of salt	1 oz. semisweet baking chocolate

Cream the butter & sugar. Add the egg & vanilla. Blend the dry ingredients together & mix in slowly. Set aside one cup of the batter. Melt the chocolate and add it to the remaining batter, blending thoroughly. Work the light batter with your hands until smooth. Place each dough between wax sheets and roll out to about 14x9 inches each. Remove the wax sheets and layer the two doughs on top one another. Roll these together like a long cylinder. Put the dough into the freezer for about 10 minutes to harden.

Remove dough from the freezer and with a sharp knife cut into 1/4 inch thick slices and place on a lined or greased cookies sheet. Bake for 12 to 15 minutes. Makes about 50 cookies.



Auriel's Light Festivals - Candlemas

Traditional Crepes

1 cup flour
1 cup milk
2 eggs

Combine. Spread out thin in a pan. Flip after 2 minutes, cooking about 2 minutes each side. Spread with hazelnut spread, roll and sprinkle with powdered sugar.



Braided Bread

This is an easy bread recipe that can be used for many different festival and every day breads.

2 cups very warm water
1 TBL yeast
1 tsp. salt
large spoonful of honey
flour, start with 4-6 cups

Combine water & yeast. Add honey and let it rest. Once it foams, start adding flour. Keep adding flour and knead until the dough is no longer sticky. Form a ball and put in a bowl. Cover lightly for 30 minutes. Punch down and raise a second time. Divide into three sections, braid, let raise and then bake at 350*for about 20 minutes.



Auriel's Light Festivals - Candlemas

© 2023 AurielsLight.org

February 2023

Supply List & Recommended Books

Doll Supplies

[Weir Dolls - Inner Head Tubing](#)

[Weir Dolls - Cotton Knit Fabric](#)

[Weir Dolls - Wool Felt](#) - Felt can be purchased at many online retailers.

[KnitPicks Yarn](#) - They have low priced yarn.

[AChildsDream](#) - bendy dolls, they also have felt

[AChildsDream](#) - peg dolls

[Feltcraft](#) by Petra Breger

[The Nature Corner](#) by MvLeeuwen & J Moeskops

Beeswax Supplies

A Child's Dream carries some beeswax rolling kits.

[Candle Rolling Kit from Amazon](#)

[Beeswax for melting - blocks from Amazon](#)

[Beeswax for melting - pellets from Amazon](#)

Book Recommendations

[Brigid's Cloak](#) by Bryce Milligan and Helen Cann - Christian/Pagan cross over

[Brigid and the Butter: A Legend about Saint Brigid of Ireland](#) Retold by Pamela Love - Christian background

[Circle Round: Raising Children in the Goddess Tradition](#) by Diane Baker, Anne Hill, Starhawk - Pagan resource

[Stories for the Songs of the Year](#) by Fiona Tinker - Pagan resource

[The Children's Forest](#) by Anna Richardson, Dawn Casey, Helen d'Ascoli - nature based

[Imbolc: Rituals, Recipes & Lore for Brigid's Day](#) by Carl F. Neal - Pagan resource

[Candlemas: Feast of Flames](#) by Amber K and Azrael Arynn K - Pagan resource